



EXCELLENCE
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THANK YOU

FOR BEING PART OF

Canada Healthy Workplace Month!



As Healthy Workplace Month comes to a close, we want to sincerely thank you for your participation, enthusiasm, and commitment to creating a healthier workplace.



Every conversation, wellness activity, small habit, and act of kindness contributed to a stronger, more supportive workplace community. Your efforts helped make wellness a shared priority and reminded us that healthy workplaces are built through the everyday actions of the people within them.



While this month may be ending, your wellness journey continues. We encourage you to carry forward the healthy habits you've developed, celebrate your progress, and continue making time for your physical, mental, emotional, and social well-being.



Thank you for helping build a workplace where people can thrive.